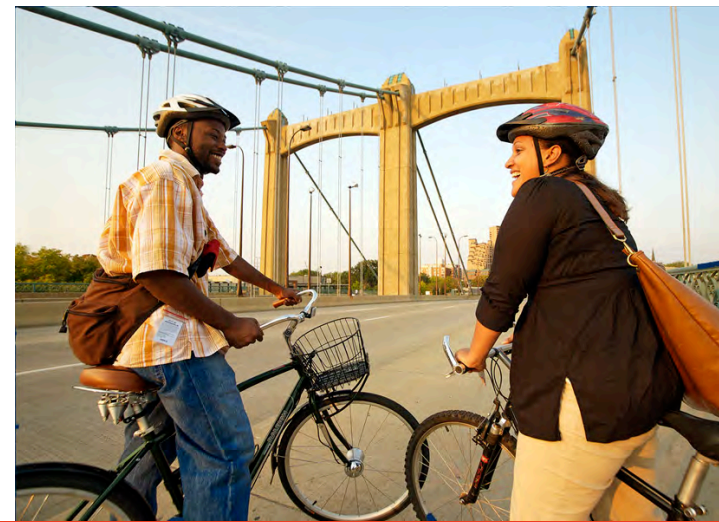


## Adult Bicycling Series



U.S. Department of Transportation  
Federal Highway Administration



612-333-3410

[bikewalk@minneapolismn.gov](mailto:bikewalk@minneapolismn.gov)

[www.minneapolismn.gov/bicycles/events](http://www.minneapolismn.gov/bicycles/events)

*Classes to get you rolling!*

Easy-Paced Rides and Maintenance Classes



Healthy. Fun. Smart.

Fresh Air. Friends.

Convenient. Free!

## Get Up & Go!

Are you new to bicycling, getting back on a bike after a few years or interested in bicycling more? Join friends and neighbors for fun and educational rides and classes in your area.



Photo by: Blue Cross Blue Shield of MN  
Cover Photo by: Dudley Edmondson



## Neighborhood Bicycle Tours

Do you want to get out and ride, but you don't feel comfortable sharing the road with cars?

This class will teach you about finding a route, planning trips and riding safely and comfortably with traffic. We will ride some of Minneapolis' great bikeways and make stops at bike-friendly businesses. All rides are easy-paced and led by bicycle instructors. Please bring bike lights if you are attending a 6pm class (☀).

### **Saturday, March 31 - 10am • Lake Hiawatha**

Meet at 27th Ave S & E 44th St

### **Tuesday, April 10 - 6pm • Bryant Square Park**

Meet at Bryant Ave S & W 32nd St ☀

### **Tuesday, May 8 - 6pm • Todd Park**

Meet at Chicago Ave S & E 56th St ☀

### **Saturday, May 19 - 10am • Global Market**

Meet at 10th Ave S entry

### **Tuesday, June 5 - 6pm • Shingle Creek**

Meet at Humboldt Ave N & 49th Ave N ☀

### **Saturday, June 16 - 10am • BF Nelson Park**

Meet at Main St NE & 5th Ave NE

### **Thursday, July 12 - 6pm • Elliot Park**

Meet at 9th Ave S & 8th St S ☀

### **Saturday, July 28 - 10am • Audubon Park**

Meet at Fillmore St NE & 29th Ave NE

### **Thursday, August 2 - 6pm • Edgewater Park**

Meet at 23rd Ave Ne & Marshall St NE ☀

### **Tuesday, August 7 - 6pm • Matthews Park**

Meet at 27th Ave S & E 24th St ☀

### **Saturday, August 18 - 10am • Near North**

Meet at Venture North Bike Walk & Coffee  
(1830 Glenwood Ave N)



## Basic Bike Maintenance

Keeping your bike working isn't rocket science, but it does take a little know-how and occasional grimy hands. This class includes tire inflation, brake adjustment, cleaning & lubricating a bike chain and changing a tube. Participants will receive free inner tube patch kits.

### **Wednesday, March 21 - 6pm**

Corcoran Park Rec Center (3334 20th Ave S)

### **Tuesday, April 3 - 6pm**

Lynnhurst Park Neighborhood Center  
(1345 Minnehaha Parkway W)

### **Thursday, April 19 - 6pm**

Folwell Park Rec Center (1615 Dowling Ave N)

### **Thursday, May 24 - 7pm**

Recovery Bike Shop (2555 Central Ave NE)

*All rides and classes are free!*

*No registration necessary. Just show up!*

Helmets are encouraged. Bicycles, helmets and lights are available on request.

Questions? Contact David Peterson at 612-333-3410 or [bikewalk@minneapolismn.gov](mailto:bikewalk@minneapolismn.gov)

**Visit our website at:**

[www.minneapolismn.gov/bicycles/events](http://www.minneapolismn.gov/bicycles/events)



Official Bike Walk Move event.

Visit [bikewalkmove.org](http://bikewalkmove.org) for more information.



In case of severe weather, rides and clinics will be cancelled. Events will otherwise take place, rain or shine.

